

*Fr. Perozich comments —*

*I have **no** fear that anyone who receives this email is involved in invoking any spirit except the Holy Spirit.*

*I have a **great** fear that you may know others who **are** calling on the “spirit world” thinking that some kind, benign, powerful spirit will help them satisfy their desire.*

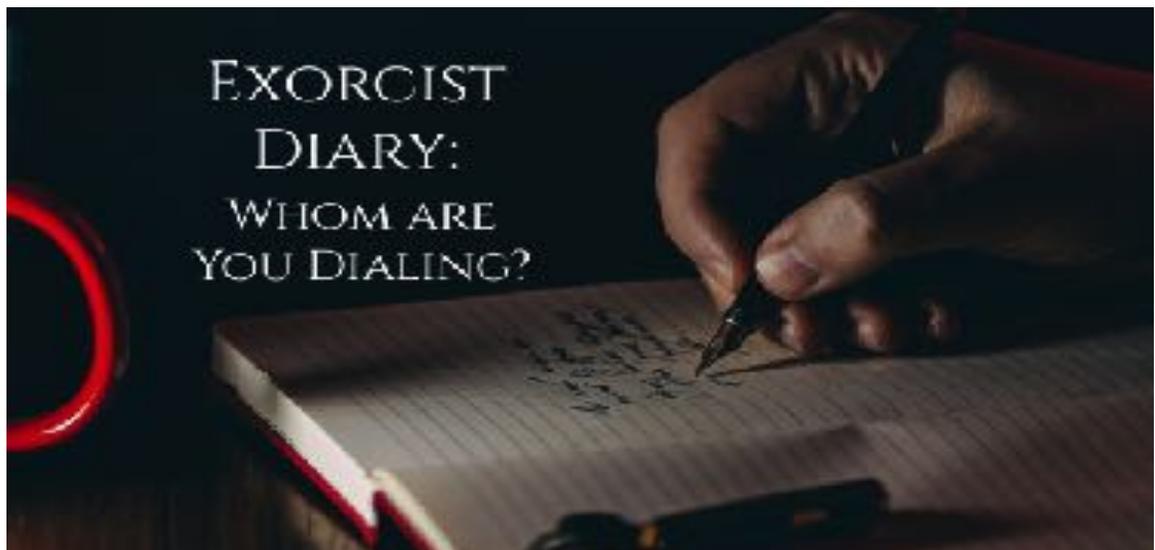
*The only spirit who is good, holy, benign, merciful, gentle, giving, loving is the Holy Spirit.*

*There is no such thing as a “white witch”, “white magic”, “nature spirit”, and on.*

*If someone is invoking a spirit other than the Holy Spirit, a demonic spirit will answer, and sometimes won’t leave the invoker alone.*

# Exorcist Diary: Whom Are You Dialing?

MONSIGNOR STEPHEN ROSSETTI



A woman\* came to us in a panic. She initially was involved with Reiki [claiming to be a healing technique based on the principle that the therapist can channel energy into the patient by means of touch, to activate the natural healing processes of the patient's body and restore physical and emotional well-being. — rp] Later, her beloved grandfather died, so she tried to contact him through automatic writing. She was left-handed so she put a pen in her right hand and invoked the spirit of her deceased grandfather. The pen started to move and over the course of several months, she received many loving and consoling messages from her deceased grandfather, or so she thought.

Then the messages started to go “south.” They became ugly and threatening. She started to realize that this entire time it was not her loving grandfather with whom she was in contact. Rather, it was an evil spirit. She was terrified!

We had her immediately stop this necromancy (summoning the dead) and sacramentally confess this sin. She formally renounced this practice and we prayed deliverance prayers over her. Fortunately, the evil spirit receded and apparently did not return.

People often ask me about many non-Christian spiritual practices: yoga, reiki, ancestor worship, ouija boards, Charlie Charlie, white witchcraft, and the like. “What do you think?” they ask me. The answer is simple: if you are not calling on the one true God and Jesus his Son (or the BVM, saints, or St. Michael and the good angels), then there is only one other spiritual option and that is Satan.

If you are not invoking the powers of heaven, then you might find out that the powers of hell are answering your call. Calling upon pagan deities, vague spiritual life force energies,

mother earth, and other pagan practices are spiritually dangerous. Regardless of your intention, you are violating the First Commandment and this is not going to end well.

*\*Her identifying information is disguised to protect her identity, as in all of the posts.*

*Monsignor Rossetti's new book, [Diary of An American Exorcist](#), is available [here](#).*

*Image (modified) courtesy of Unsplash.*

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