

*Fr. Perozich comments —*

*Praise God now to train the self for what we will be doing forever in heaven. Petition God for everything you desire, and he will purify your intentions since petition itself is a form of praise.*

*The Mass is the most perfect praise. Our time outside of Mass with God is another form of praise.*

*These make our lives a form of praise.*

## PETITION AND PRAISE

From a discourse on the psalms by

Saint Augustine, Bishop

(Ps. 148,1-2: CCL 40, 2165,2166)

*The Easter alleluia*

Our thoughts in this present life should turn on the praise of God, because **it is in praising God that we shall rejoice for ever in the life to come; and no one can be ready for the next life unless he trains himself for it now. So we praise God during our earthly life, and at the same time we make our petitions to him.** Our praise is expressed with joy, our petitions with yearning. We have been promised something we do not yet possess, and because the promise was made by one who keeps his word, we trust him and are glad; but insofar as possession is delayed, we can only long and yearn for it. It is good for us to persevere in longing until we receive what was promised, and yearning is over; then praise alone will remain.

Because there are these two periods of time – the one that now is, beset with the trials and troubles of this life, and the other yet to come, a life of everlasting serenity and joy – we are given two liturgical seasons, one before Easter and the other after. The season before Easter signifies the troubles in which we live here and now, while the time after Easter which we are celebrating at present signifies the happiness that will be ours in the future.

What we commemorate before Easter is what we experience

in this life; what we celebrate after Easter points to something we do not yet possess. This is why we keep the first season with fasting and prayer; but now the fast is over and we devote the present season to praise. Such is the meaning of the *Alleluia* we sing.

Both these periods are represented and demonstrated for us in Christ our head. The Lord's passion depicts for us our present life of trial – shows how we must suffer and be afflicted and finally die. The Lord's resurrection and glorification show us the life that will be given to us in the future.

Now therefore, brethren, we urge you to praise God. That is what we are all telling each other when we say *Alleluia*. You say to your neighbor, "Praise the Lord!" and he says the same to you. We are all urging one another to praise the Lord, and all thereby doing what each of us urges the other to do. But see that your praise comes from your whole being; in other words, see that you praise God not with your lips and voices alone, but with your minds, your lives and all your actions.

We are praising God now, assembled as we are here in church; but when we go on our various ways again, it seems as if we cease to praise God. But provided we do not cease to live a good life, we shall always be praising God. You cease to praise God only when you swerve from justice and from what is pleasing to God. If you never turn aside from the good life, your tongue may be silent but your actions will cry aloud, and God will perceive your intentions; for as our ears hear each other's voices, so do God's ears hear our thoughts.

Here are samples for you in case you need some help.

In the Praises of God, the responses in the Gloria are used:

- We praise you
- We bless you
- We adore you
- We glorify you

- We give you thanks
- We beseech you
- Come Holy Spirit.

Then is a blank page for you to copy, fill in and do your petitions

<b>PRAISES OF GOD</b>			
Yahweh - God PRAISE	Lover of Man ADORE	Our Virtue THANK	Vine HAVE MERCY
Father	Blessed	The Beloved	Expiation
Son	Merciful	The Bread of Life	Living Bread
Holy Spirit	Mercy	Intercessor	Faithful Witness
Creator	Our Compassion	Ruler	Healer
Redeemer	Our Hope	Head of the Church	Holy One
Advocate	Righteous Judge	The Image of God	King of Kings
Way	Majesty	Son of the Most High	Lord of Lords
Truth	Our Rock	My Lord and My God	Lord of the Sabbath
Life	Our Passover	Rabbuni	Temple
Son of the Most High	King of the Jews	Promise	Temple's Lord
Son of Man	Intercessor	Cornerstone	Head of the Church
Son of God	Chosen One	First born from the dead	Prince of Life
Son of Abraham	Our Refuge	The Resurrection	My Lord and My God
Son of David	Our Strength	Our Passover	Prophet
Son of Joseph	Our Helper	Meek & Humble of Heart	Radiant Light
Son of Mary	Faithful Witness	Beginning and End	Life
Carpenter's Son	Our Integrity	The Word of God	Corner Stone
Wonder Counsellor	Founder of our faith	The Word Made Flesh	Our Sacrifice
God Hero	Perfecter of our Faith	Love of my heart	Lamb of God
Father Forever	The Power of God	Bridegroom	Radiance of Glory
Prince of Life	Source of Blessings	Master	High Priest
Prince of Peace BLESS	Just One GLORIFY	Spiritual Rock BESEECH	Father of the Poor H.S.
Image of the Invisible God	Heir to all things	Light to the Nations	Source of all our store
One	The Ruler of the Kings	Hope of the Nations	Comforter the best
Forgiveness	Warrior for Justice	Glory of Your People	Soul's most welcome guest
Dayspring	Mediator	Savior	Sweet refreshment below
Morning Star	The Foundation	Nazarene	Sweet rest from our labors
Key of David	God's Secret	Messiah	Grateful coolness
Root of Jesse	Faithful and True	King of the Jews	Solace in midst of woe
Wisdom	First in Every way	Faithful & True	Blessed Light Divine
Emmanuel	Firstborn	Our Passover	Light shining in our Hearts
First Born	High Priest	The Crucified	Fullness of inmost being
Giver of the Law	Eldest brother	Good Shepherd	Healer of our wounds
Our Justice	Last Adam	Chosen One	Renewer of our strength
Rabbi	Almighty	Bishop of Souls	Dew for our dryness
Teacher	Covenant of the People	Beloved	Washing our guilt away
Only Begotten Son	Servant of Yahweh	Jesus	Bender of heart and will
Lord	Our Salvation	Servant	Warming our chill
Adonai	Master Craftsman	True God and True Man	Melting our frozenness
Amen	I AM	Man of Sorrows	Guide when we go astray
Liberator	Source of Creation	Eldest Brother	Giver of sevenfold gift
Alpha	Shield	Gate of the Sheepfold	Giver of virtue's reward
Omega	Defender	Our Holiness	Giver of joy without end

ALABANZAS DE DIOS			
<b>Yahweh Te Alabamos</b>	<b>Amador de Hombre Adoramos</b>	<b>Nuestra Virtud Gracias</b>	<b>Vid Ten Misericordia</b>
Padre	Bendito	El Amado	Expiación
Hijo	Misericordioso	Pan de Vida	Pan Viva
Espíritu Santo	Misericordia	Intercesor	Testigo Fiel
Creador	Nuestra Compasión	Guía	Medico Divino
Redentor	Nuestra Esperanza	Cabeza de la Iglesia	Santo
Abogado	Juez Justo	Imagen de Dios	Rey de los Reyes
Camino	Majestad	Hijo del Altísimo	Señor de los Señores
Verdad	Nuestra Roca	Señor Mío y Dios Mío	Señor del Sábado
Vida	Nuestra Pascua	Rabbuni	Templo
Hijo del Altísimo	Rey de los Judíos	Promesa	Señor del Templo
Hijo del Hombre	Intercesor	Piedra Angular	Líder de la Iglesia
Hijo de Dios	Elegido	Primogénito entre los muertos	Príncipe de Vida
Hijo de Abraham	Nuestro Refugio	Resurrección	Señor Mio y Dios Mio
Hijo de David	Nuestra Fortaleza	Nuestra Pascua	Profeta
Hijo de José	Nuestro Amparo	Humilde de Corazón	Luz Radiante
Hijo de María	Testigo Fiel	Principio y Fin	Vida
Hijo del Carpintero	Nuestra Integridad	La Palabra de Dios	Piedra Angular
Consejero Admirable	Fundador de nuestra Fe	Palabra hecha Carne	Nuestro Sacrificio
Dios Invencible	Perfección de nuestra Fe	Amor de mi Corazón	Cordero de Dios
Padre Eterno	Poder de Dios	Novio	Esplendor de Gloria
Príncipe de la Vida	Fuente de Bendiciones	Maestro	<b>Pd. de Pobres Esp. San.</b>
<b>Prín. de Paz Bendicimos</b>	<b>El Justo Te Glorificamos</b>	<b>Roca Espiritual Suplicamos</b>	Luz para iluminarnos
Imagen de Invisible Dios	Hereder de todas las cosas	Luz a las Naciones	Dador de todos los dones
Uno	Rey de los Reyes	Esperanza de las Naciones	Luz que penetra almas
Perdón	Guerrero por la Justicia	Gloria de Su Pueblo	Fuente de todo consuelo
Manantiel	Mediador	Salvador	Amable huesped de alma
Estrella de Aurora	La Base	Nazareno	Paz en la hora del duelo
Llave de David	Secreto de Dios	Mesías	Brisa en el fuego
Raía de Jesé	Fiel y Verdadero	Rey de los Judíos	Consuelo en medio llanto
Sabiduría	Primero en todo	Fiel y Verdadero	Luz santificadora
Emanuel	Primogénito	Nuestra Pascua	Plenitud del Corazón
Primogénito	Sumo Sacerdote	El Crucificado	Refresco abajo
Dador de la Ley	Hermano Mayor	Buen Pastor	Sanación de las heridas
Nuestra Justicia	Último Adán	Elegido	Dobleza nuestra soberbia
Rabí	Todopoderoso	Obispo de Almas	Calienta nuestra frialdad
Maestro	Alianza del Pueblo	Amado	Endereza nuestras sendas
Perdón	Siervo de Yahweh	Jesús	Nuestra confianza
Señor	Nuestra Salvación	Siervo	Dador de virtudes
Adonai	Carpintero	Dios y Hombre Verdadero	Dador de buena muerte
Amén	YO SOY	Hombre de Dolores	Nuestro Gozo eterno
Libertador	Fuente de la Creación	Hermano Mayor	Libertador del pecado
Alfa	Escudo	Puerta de las Ovejas	Inspriación divina
Omega	Defensor	Nuestra Santidad	Calienta nuestra frialdad

